

Boston Age Strong Commission's

JUNE 2025 "TO-DO"

Free events, classes & programs for Boston's older adults

Welcome to June's monthly "To-Do," a city-wide sampling of free events & programs for Boston's older adults age 60+.

Sign up to have the To-Do emailed directly to your inbox or view it, *Boston Seniority* magazine, and our Monthly Updates newsletter online at: boston.gov/departments/age-strong-commission/connect-us

See page 12 for more programming from City departments & our partners.

AGE+

City of Boston Age Strong Co

Age Strong Commission

Boston City Hall, Room 271 1 City Hall Square, Boston, MA 02201 617-635-4366 agestrong@boston.gov boston.gov/age-strong







BLACK TEXT

**Age Strong Virtual Events Link: bit.ly/ZoomAgeStrongVirtual *Program in both English/Spanish

BLUE TEXT

Jamaica Plain - Roslindale - West Roxbury

GREEN TEXT

Dorchester - Mission Hill - Roxbury - South Boston/Seaport

ORANGE TEXT

Hyde Park - Mattapan

PINK TEXT

Charlestown - East Boston

PURPLE TEXT

Allston/Brighton - Fenway - Kenmore

RED TEXT

Chinatown - Downtown - Back Bay North End - South End - West End

SUNDAY, JUNE 1 MONDAY, JUNE 2

10-11am

Coffee Hour With Mayor Wu - In Person

Crawford Street Playground 320 Walnut Avenue, Roxbury (617) 635-4500 Click here for more information

<u>1-2pm</u>

Hatha Yoga for Adults - In Person

South Boston 646 East Broadway, South Boston (617) 268-0180 Click <u>here</u> to register. This event repeats weekly.

2:30-3:30pm

Chess Club for Adults - In Person BPL North End 25 Parmenter St, North End (617) 227-8135

Click <u>here</u> for more information. This event repeats weekly.

4:30 - 5:30 pm

Emmanuel Music: Breathe with Bach - In Person

BPL Jamaica Plain 30 South Street, Jamaica Plain (617) 524-2053 Click <u>here</u> for more information

<u>5:45-7pm</u>

Connect & Flow: A Social Yoga Class for Building Community - In Person

Buttaing Community - In BPL Central 700 Boylston Street, Back Bay (617) 859-2129 Click <u>here</u>to register.

TUESDAY, JUNE 3

<u>10am-5:30pm</u>

Job Help by Appointment

- In Person

BPL Codman Square 690 Washington St, Dorchester (857) 244-0281 Click <u>here</u> to register. This event repeats weekly.

<u>11am-1pm</u>

Tech Appointments - In Person

BPL West End 151 Cambridge St., West End (617) 523-3957 Click <u>here</u> to register. This event repeats weekly.

<u>1-2:30pm</u>

Games for Seniors - In Person

BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click here for more information.
This event repeats weekly.

2:30-3:30pm

Puzzles & Conversation

- In Person

BPL Charlestown 382 Main Street, Charlestown (617) 242-1248 Click <u>here</u> for more information. This event repeats weekly.

6-7pm

Age Strong Yoga - Virtual**

617-635-3979

Click <u>here</u> for more information. This event repeats weekly.

WEDNESDAY, JUNE 4

<u>10am-6pm</u>

Summer Reading Kick-Off Party!!

- In Person

BPL Roxbury 149 Dudley Street, Roxbury (617) 442-6186 Click here for more information.

<u>11am-1pm</u>

ABC Forever Young Program - In Person

Barry Field

41 Medford Street, Charlestown damien.margardo@boston.gov Click here for more information. This event repeats weekly.

<u>12-3pm</u>

Free Immigration Consultations

- By phone call only

617-635-2980

Click here to book an appointment.

9:30-11:30am

50+ Job Seekers Networking Group

Virtual

Click <u>here</u> to register.

<u>11am-12pm</u>

Age Strong Bracelet Making

- In Person

South Boston 646 East Broadway, South Boston (617) 268-0180 Click <u>here</u> to register. This event repeats bi-weekly.

THURSDAY, JUNE 5

10:30am-12:30pm

Senior Quilting Group

- In Person

BPL Codman Square 690 Washington St, Dorchester (857) 244-0281 Click <u>here</u> to register. This event repeats weekly.

10-11am

Coffee Hour With Mayor Wu - In Person

Adams Park

4225 Washington Street, Roslindale 617-635-4500

Click here for more information.

6-7:30pm

Sand Wax Candles with The Corner

Art Room - In Person

BPL Brighton

40 Academy Hill Rd, Brighton

(617) 782-6032

Click here to register.

6:30-7:30pm

English for Speakers of Other Languages (ESOL) Conversation

Group - In Person **BPL East Boston**

365 Bremen St, East Boston

(617) 569-0271

Click <u>here</u> for more information.

This event repeats weekly.

FRIDAY, JUNE 6

<u>10am-12pm</u>

Job & Tech Help Appointments

- In Person

BPL Grove Hall 41 Geneva Ave, Dorchester (617) 427-3337

Click <u>here</u> to register. This event repeats weekly.

10-11am

Coffee Hour With Mayor Wu - In Person

East Boston Memorial Park 143 Porter Street, East Boston 617-635-4500 Click here to register.

<u>11am-12pm</u>

Book Café- In Person

BPL West Roxbury 1961 Centre Street, West Roxbury 617-635-4500 Click here for more information.

1:30-2:30pm

Interview Success: A 3-part series - In Person

BPL Central 700 Boylston Street, Back Bay (617) 536-5400 Click <u>here</u> to register this event takes place in 3 parts.

SATURDAY, JUNE 7

<u>9am-5pm</u>

Art Exhibit - Deborah Ellington: Bookish Art- In Person

BPL Jamaica Plain 30 South Street, Jamaica Plain (617) 524-2053 Click here for more information This event repeats daily.

<u>9am-5pm</u>

Friends of the West Roxbury Branch Library: Used Book Sale

- In Person

BPL West Roxbury 1961 Centre Street, West Roxbury (617) 325-3147 Click here for more information. This event repeats on June 9.

<u>10-11:30am</u>

Chess Club - In Person

BPL Roslindale 4246 Washington St, Roslindale (617) 323-2343 Click here for more information. This event repeats weekly.

<u>10-11am</u>

Mindful Movement - In Person

BPL Parker Hill 1497 Tremont St, Roxbury (617) 427-3820 Click here for more information. This event repeats weekly.

<u>10am-12pm</u>

Collectibles Appraisal - In Person

BPL East Boston 365 Bremen St, East Boston (617) 569-0271 Click here to register.

SUNDAY, JUNE 8

MONDAY, JUNE 9

9-10am

Chair Yoga - Virtual**

617-635-3979

Click here for more information. This event repeats weekly.

4-5:30pm

Unraveling the News: Knitting and Crochet Conversation Circle

- In Person

BPL Central 700 Boylston Street, Back Bay (617) 536-5400 Click here to register. This event repeats weekly

6-7:30pm

Roxbury Writes! - In Person

BPL Roxbury 1149 Dudley Street, Roxbury (617) 442-6186 Click here for more information.

This event repeats weekly.

TUESDAY, JUNE 10

<u>11am-12pm</u>

ESOL Conversation Group

- In Person

BPL Chinatown 2 Boylston Street, Chinatown (617) 807-8176 Click <u>here</u> to register. This event repeats weekly.

<u>11am-2pm</u>

Jamaica Pond Nature Center Open Hours - In Person

Jamaica Pond, across from JP Boathouse 507 Jamaicaway, Jamaica Plain 617-635-7383 Click here for more information

<u>2-3pm</u>

Adult Craft Time: Design a Tote Bag
- In Person

BPL North End 25 Parmenter St, North End (617) 227-8135 Click <u>here</u> for more information.

<u>6pm</u>

Acts of Resistance Book Launch and Reading - In Person

BPL Central
700 Boylston Street, Back Bay
617-635-4445
Click <u>here</u> to register.

WEDNESDAY, JUNE 11

10-11am

Coffee Hour with Mayor Wu - In Person

James P. Kelleher Rose Garden 73 Park Dr, Fenway 617-635-4500 Click <u>here</u> for more information.

10am-12pm

Memory Cafe - In Person

BPL Codman Square 690 Washington St, Dorchester 617-635-3745 Click here for more information.

<u>10am-1pm</u>

Art Classes - In Person

BCYF Holland 85 Olney Street, Dorchester 617-635-5144 Click <u>here</u> for more information.

This event repeats weekly.

2:30-4pm

The Lonely Hearts Club: A Short Story Social for Seniors - In Person

BPL Central

700 Boylston Street, Back Bay (617) 536-5400

Click here for more information.

<u>9am-12pm</u>

Mayor Wu's Age Strong Luncheon - In Person

Knights of Columbus 545 Medford Street, Charlestown 617-635-4366

Click <u>here</u> for more information.

THURSDAY, JUNE 12

<u>9am-1pm</u>

Age Strong drop-in wellness, arts & socializing activites

- In Person

Union Church 485 Columbus Ave, South End 617-635-3979

Click here for more information.

This event repeats weekly.

10-11am

Parks Fitness: Chair Yoga with Michelle - In Person

Symphony Park

39 Edgerly Road, Fenway/Kenmore

617-635-4505

Click here for more information.

This event repeats weekly.

<u>10-11am</u>

Coffee Hour with Mayor Michelle Wu - In Person

Iacono Playground 150 Readville Street, Hyde Park 617-635-4500 Click here to register.

<u>10am-3pm</u>

Age Strong Advocate: Renee - Open Office Hours - In Person

BPL West Roxbury

1961 Centre St, West Roxbury

(617) 635-4716

Click here for more information

FRIDAY, JUNE 13

10-11am

Parks Fitness: Tai Chi with Joe

- In Person

Elliot Norton Park 295 Tremont St, Boston 617-635-4505 Click here for more information.

This event repeats weekly.

<u>10am-1pm</u> Social Gatherings for Older Adults - In Person

BCYF Holland

85 Olney Street, Dorchester

617-635-5144

Click here for more information.

This event repeats weekly.

<u>12-1pm</u>

Parks Fitness: Chair Yoga Class with Karma - Virtual

617-635-4505

Click here for more information.

This event repeats weekly.

<u>2-4pm</u>

Friday Films: Under Fire (1983)

- In Person

BPL North End

25 Parmenter St, North End

(617) 227-8135

Click here for more information.

SATURDAY, JUNE 14

8-9am

Parks Fitness: Walking Group with Brandy - In Person

Franklin Park Golf Clubhouse 1 Circuit Drive, Dorchester 617-635-4505

Click here for more information. This event repeats weekly.

<u>10am-12pm</u>

Watercolor Painting Workshop #5: Chandler Pond - In Person

Chandler Pond

95 Lake Shore Road, Brighton

617-635-4505

Click here for more information.

11am-12pm **Drop-In Knitting - In Person** BPL Faneuil 419 Faneuil St, Brighton (617) 782-6705

Click <u>here</u> for more information. This event repeats weekly.

<u>3-5pm</u>

Havana in Hyde Parked Revisited: Reception - In Person

BPL Hyde Park 35 Harvard Ave, Hyde Park (617) 361-2524 Click <u>here</u> to register.

SUNDAY, JUNE 15 MONDAY, JUNE 16

10am-12pm

Age Strong Game Days

- In Person

Tavern of Tales 1478 Tremont Street, Roxbury 617-635-3161 Click here for more information. This event repeats weekly.

<u>11am-12pm</u>

Chair Yoga- In Person

East Boston Senior Center 7 Bayswater St, East Boston (617) 961-3131 Click here for more information.

5:45-7pm

Connect & Flow: A Social Yoga Class for Building Community

- In Person

BPL Central 700 Boylston Street, Back Bay (617) 859-2129 Click here for more information. 6-7:30pm

Line Dance Summer Series

- In Person

BPL Roxbury 149 Dudley Street, Roxbury (617) 655-2441 Click here for more information. This event repeats weekly.

TUESDAY, JUNE 17

10-11am

Coffee Hour With Mayor Michelle Wu - In Person

Medal of Honor Park East Broadway & North Street, South Boston 617-635-4500 Click <u>here</u> to register.

<u>11am-12pm</u>

Chinese Dance Class w/ Philippina

- In Person

Veronica B. Smith Senior Center 20 Chestnut Hill Ave, Brighton (617) 635-6120 Click <u>here</u> for more information.

<u>11am-1pm</u>

Yarn & Needlework Drop-in Circle - In Person

BPL Roslindale 4246 Washington St, Roslindale (617) 323-2343 Click <u>here</u> for more information. This event repeats weekly.

6:30-7:30pm

Parks Fitness: Family Zumba with Carmen - In Person

Hunt-Almont Park 40 Almont St, Mattapan 617-635-4505 Click <u>here</u> for more information. This event repeats weekly.

WEDNESDAY, JUNE 18

<u>10-11am</u>

Coffee Hour With Mayor Michelle Wu - In Person

Mothers Rest at Four Corners 410 Washington Street, Dorchester 617-635-4500 Click <u>here</u> to register.

<u>11am-12pm</u>

Chess Lessons - In Person

East Boston Senior Center 7 Bayswater St, East Boston (617) 961-3131 Click <u>here</u> for more information.

<u>2-3:30pm</u>

Genealogy Club - In Person

BPL Roslindale 4246 Washington St, Roslindale (617) 323-2343 Click here for more information.

<u>3-5pm</u>

Tech Help By Appointment
- In Person

BPL Charlestown 179 Main St, Charlestown (617) 242-1248 ext. 1056 Click <u>here</u> to register. This event repeats weekly.

3:30-5:30pm

Bike Repair Workshop with Boston Bikes - In Person

BPL Mattapan 1350 Blue Hill Ave Mattapan (617) 298-9218 Click here for more information.

THURSDAY, JUNE 19

Juneteenth

City offices, Boston Public Libraries, and BCYF Community Centers are closed.

FRIDAY, JUNE 20

<u>11am-12pm</u>

West Roxbury Book Discussion Group - In Person

BPL West Roxbury 1961 Centre St, West Roxbury (617) 325-3147 Click here for more information

<u>12-2pm</u>

The Longest Day - In Person

City Hall Plaza 1 City Hall Square, Downtown 617-635-3745 Click here for more information.

9-9:45am

Gentle Yoga - In Person

Spontaneous Celebrations 45 Danforth Street, Jamaica Plain 617-436-4366 Click <u>here</u> for more information This event repeats weekly.

SATURDAY, JUNE 21

9:30am-3pm

Friends of the South Boston Branch Library June Book Sale - In Person

BPL South Boston 646 East Broadway, South Boston (617) 268-0180 Click here for more information.

10-11am

Tour del Hyde Square con Jamaica Plain Historical Society - In Person*

BPL Connolly

433 Centre Street, Jamaica Plain (617) 522-1960

Click here for more information

<u>2-4pm</u>

Boston Chinatown: Stories on Our Streets - In Person

Chinatown Gate John F. Fitzgerald Surface Road & Beach Street, Chinatown unmonument@boston.gov Click here for more information

SUNDAY, JUNE 22 MONDAY, JUNE 23

9:30-10:30am

Strength Training with Suzi -In Person

Veronica B. Smith Senior Center 20 Chestnut Hill Ave, Brighton (617) 635-6120 Click here for more information.

2:30-3:30pm

Chess Club for Adults - In Person

BPL North End

25 Parmenter St, North End (617) 227-8135

Click here for more information.

This event repeats weekly.

<u>3-5:30pm</u>

Senior Sewing - In Person

BPL Mattapan

1350 Blue Hill Ave, Mattapan

(617) 298-9218

Click here for more information.

This event repeats weekly.

4:45-5:45pm

English for Speakers of Other Languages (ESOL) Conversation

Group - In Person

BPL Jamaica Plain

30 South Street, Jamaica Plain

(617) 859-2446

Click here for more information.

This event repeats weekly.

TUESDAY. JUNE 24

10:30am-12:30pm

Senior Quilting Showcase

- In Person

BPL Codman Square

690 Washington St, Dorchester

(617) 436-8214

Click here for more information.

<u>2:15-3:15pm</u>

Tai Chi for Fall Prevention: Level 2

- In Person

BPL West End

151 Cambridge St., West End

(617) 523-3957

Click <u>here</u> to register.

This event repeats weekly.

2:30-3:30pm

Puzzles & Conversation

- In Person

BPL Charlestown

382 Main Street, Charlestown

(617) 242-1248

Click <u>here</u> for more information.

This event repeats weekly.

<u>6-7pm</u>

Age Strong Yoga - Virtual**

617-635-3979

Click here for more information.

This event repeats weekly.

WEDNESDAY, JUNE 25

<u>1-2pm</u>

Bingo - In Person

Veronica B. Smith Senior Center 20 Chestnut Hill Ave, Brighton (617) 635-6120 Click <u>here</u> for more information.

1:30-3:30pm

Meet Yves, Your Age Strong Neighborhood Advocate - In Person

BPL Roslindale 4246 Washington St, Roslindale (617) 635-0021 Click <u>here</u> to register.

2:30-3:30pm

Chinese Book Reading Group
- Virtual**

(617) 807-8176 Click <u>here</u> to register.

<u>6:30-7:30pm</u>

Parks Fitness: Latin Fusion Dance Class with Lena - In Person
O'Day Playground
75 West Newton Street, South End
617-635-4505
Click here for more information.
This event repeats weekly.

THURSDAY, JUNE 26

10:30-11:30am

Age Strong Chair Yoga & Rhythmic Flow - In Person
BPL Connolly
433 Centre Street, Jamaica Plain
(617) 522-1960
Click here for more information.
This event repeats weekly.

11:45am-12:45pm

Age Strong Gentle Pilates for Core

& Mobility- In Person

BPL Connolly
433 Centre Street, Jamaica Plain
(617) 522-1960

Click here for more information.

This event repeats weekly.

11am-1:30pm Senior Bingo - In Person BCYF Paris Street 112 Paris Street, East Boston 617-635-5125 Click here for more information. This event repeats weekly.

<u>6-7pm</u>

Age Strong Yoga - Virtual** 617-635-3979 Click <u>here</u> for more information. This event repeats weekly.

FRIDAY, JUNE 27

11am-1pm
BCBS Foundation: Medicare
Coverage Information Session
- In Person
BPL Central
700 Boylston Street, Back Bay
(508) 517-8461
Click here to register.

11:30am-12:30pm **Age Strong Yoga - Virtual****617-635-3979

Click here for more information.
This event repeats weekly.

12-1pm

Support Group For Dementia Care Partners - In Person

BCYF Roslindale 6 Cummins Highway, Roslindale 617-635-3745 Click <u>here</u> to register.

<u>5-9pm</u>

Donna Summer Disco Party
- In Person

City Hall Plaza 1 City Hall Square, Downtown Tourism@Boston.gov Click <u>here</u> for more information.

SATURDAY, JUNE 28

8:30am-12pm
Zero Waste Day Drop-Off
- In Person

West Roxbury DPW 315 Gardner Street, West Roxbury zerowaste@boston.gov Click here for more information

11:30am-1:30pm

Tech Savvy Adults! - In Person

BPL Mattapan 1350 Blue Hill Ave Mattapan (617) 298-9218 ext. 1505 Click <u>here</u> to register.

1-3:30pm

A Pianist Extravaganza: The Evolution of the Cuban Piano, A Journey Through Rhythm, Soul, and Virtuosity - In Person

BPL Connolly 433 Centre Street, Jamaica Plain (617) 522-1960 Click here for more information. 2-3:15pm
Saturday Reset! Gentle Yoga
+ Sound Bath - In Person
BPL Faneuil
419 Faneuil St, Brighton
(617) 782-6705
Click here for more information.

SUNDAY, JUNE 29 MONDAY, JUNE 30

10:30am-12pm
Age Strong Commission's
Memory Café - In Person
BPL Jamaica Plain
30 South Street, Jamaica Plain
617-635-3745
Click here for more information.

3-4:15pm

Online English Conversation Group - Virtual

617-859-2446 Click <u>here</u> register. This event repeats weekly.

6-7:30pm

Roxbury Writes! - In Person

BPL Roxbury 1149 Dudley Street, Roxbury (617) 442-6186 Click <u>here</u> for more information. This event repeats weekly.

6:30-7:30pm Cassie Kollman with J.J. Thomchick in Concert - In Person BPL West Roxbury 1961 Centre St, West Roxbury (617) 325-3147 Click here for more information

Please visit other City departments & our partners for additional activities:

bostonabcd.org/events	617-348-6239
ebsocialcenters.org/active-adults	617-569-3221
ethocare.org/healthy-aging-classes	617-477-6616
ethocare.org/services/	617-477-6616
fw4elders.org/what-we-do	617-482-1510
gbcgac.org/#services-and-programs	617-357-0226
hearth-home.org/events	617-369-1550
<u>ibaboston.org/events</u>	617-927-1707
kennedycenter.org/event-calendar	617-241-8866
<u>laalianza.org/contact-us</u>	617-427-7175
mabvi.org/services/assistive-technology	888-613-2777
operationpeaceboston.org/eventsnews	617-267-1054
sbnh.org/senior-services	617-268-1619
vietaid.org	617-822-3717
<u>ymcaboston.org/events</u>	617-927-8060
<u>bpl.org/events</u>	617-536-5400
boston.gov/events	3-1-1

